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Keep Teeth Healthy and Clean This Holiday Season

We're not going to tell you to avoid all sweets this holiday season but we are going to encourage you to make sure your little ones are brushing their teeth at least twice a day. Use of fluoridated toothpaste while brushing is a key component in our attempts at preventing tooth decay, no matter the number of lil' chompers your child has in his or her mouth. Even gummy smiles are happier and healthier following cleansing with a wet, clean cloth. If your child's teeth are touching, flossing daily is incredibly important in ensuring healthy gums and teeth.

For more information on how to brush and floss your little one's teeth, visit the following FAQ topics on our website:

- Infant and Toddler Oral Hygiene
- If I want to clean my child's teeth, what should I use?
- Why use dental floss?
- How to floss properly

<http://lonetreepediatricdentistry.com/faqs>